



Annual Report 2022 - 2023

565 Guilbault Street,
Winnipeg, Manitoba, Canada,
R2J 0R2

Phone: 204-416-1067
Email: archwood55@shaw.ca
Website:
<https://archwood55plus.wildapricot.org>



Board of Directors April 2022 - March 2023

Officers

President, Bill Bees
Vice President, Marie Lunn
Treasurer, Ramona Hodges
Secretary, Betty Brand

Directors

Guy Baril
Don Bodnarchuk
Bonnie Makodanski
Judy Oliver

Committee Chairpersons

Lunches & Billiards - Guy Baril
Lotteries & Membership - Judy Oliver
Technology & Pickleball - Bill Bees
Social & Decorating - Cheryl Goodie
Friendship - Mary Pavot
By-Laws, Policies & Procedures - Bill
Bees & Marie Lunn
Funding & Grants - Marie Lunn &
Ramona Hodges

Facilitator - Krista Johnson Billeck

Archwood 55 Plus Inc. is a community based non-profit, charitable organization offering social activities bus trips, fitness and recreation classes, lunches, and other services to adults aged 55 and older living in the Winnipeg area. Our goal is to encourage graceful aging and empower adults to lead healthy active lives while socializing with their peers.

President's Message

This past year has been like seeing the sun coming out of dark clouds as we transitioned away from the darker times of ongoing fears and stresses associated with the pandemic and the fallout associated with it. We were able to move back into our regular programming like monthly lunches, exercise classes and art class without major disruptions. We were able to introduce new events like Bingo and after going through the learning curve plan to make it a regular occurrence.

We were able to restart our summer programming with outings to Rainbow Stage, Folklorama, the Folk Festival, Goldeyes and Celebrations. As we moved into autumn, we were able to book Fall Suppers that were a big hit. We were able to schedule a number of speaker presentations that were well received.

I will be transitioning to a role of Past President, still working with the board of directors, still helping with technology and pickleball and looking forward to the joy of being with a great group of seniors. Many thanks to our board members, volunteers and members that make Archwood 55 Plus a success!

Bill Bees,
Past President

Treasurer's Report

Balance Sheet as at March 31, 2023

The balance sheet reflects Assets of \$92,700, an increase of \$5,800 over the previous year's level of \$86,900. \$40,000 has been transferred from the operating and savings accounts into two separate 1-year redeemable guaranteed investment certificates (GICs) in order to take advantage of better interest rates.

Statement of Operations and Deficit as at March 31, 2023

Net income for the 2022/23 fiscal year is \$3,300 compared to the prior year's net loss of \$(2,300). This reflects the return to pre-pandemic levels of activity for the organization.

Revenue in 2022/23 of \$77,600 has increased by \$12,100 over the previous year's level of \$65,500. Pandemic-related government funding in 2021/22 of \$28,000 has been replaced and surpassed due to:

- membership fee structure change as approved by the members and increased number of members;
- introduction of a \$2 charge for pickleball games;
- increased donations;
- return of in-person classes, events and monthly luncheons.

Expenses in 2022/23 of \$74,300 have increased by \$6,500 over the previous year's level of \$67,800. This is mainly due to the return of in-person classes, events and monthly luncheons, offset by a reduction in one-time costs in 2021/22.

Ramona Hodges,
Treasurer

Programs & Activities

Monthly Lunches: Christmas, Easter, BBQ's



Monthly Licensed Bingo



Weekly Activities (Monday/Thursday): Pickleball, Games, and Billiards

Exercise Programs for the Body & Mind: Line Dancing, Yoga Fit Flow, Chair Yoga, Tai Chi, Functional Movement, Art, Low Impact Cardio, Let's Move Let's Dance & Chair Pilates.

Tournaments: Pickleball, Billiards

Guest Speaker Topics: Decluttering, Prostate Cancer, ERIK Kits, Older Adults & Mental Health Experiences, Emergency Preparedness, Growing Herbs & Plants Indoors

Technology Training: Cyber Seniors support, Smart Phones/Tablets, Navigating the Arrive Canada App

Summer Programming: Rainbow Stage, Folkorama, Winnipeg Folk Festival, Winnipeg Goldeyes, Fort Whyte and Assiniboine Park

Fall Suppers: La Broquerie and West St Paul

Trips/Tours: The Leaf, Ron Paul Gardening Workshop, Celebrations Matinees, Rockin Elvis Christmas with Rory Allen, Royal Aviation Museum, Sugaring Off Festival, The Inclines "Sweet Dreams of Patsy Cline"



Thank You to Supporters and Partners

The key to success with any volunteer driven non-profit organization is working with key supporters and partners. Archwood would like to extend its thanks to all of the key players that make it possible.



Kathy Henderson and Winnipeg Regional Health Authority



Connie Newman and Manitoba Association of Seniors Communities



Special thanks to:

Kathy O'Flaherty, President of Archwood CC

Krista Johnson Billeck, Facilitator

Marie Lunn, our Vice-President

Betty Brand, our corporate secretary

Ramona Hodges, our treasurer

Board members, Judy Oliver, Don Bodnarchuk, Guy Baril & Bonnie Makodanski

Our volunteers and of course our membership

Membership:

Archwood 55 Plus Inc membership has rebounded with 265 members with an upward trajectory.